



**AREA AGENCY ON AGING  
SERVING NAPA AND SOLANO**  
*Assistance, Advocacy, Answers on Aging*

## **2012 Solano County Senior & Caregiver Resource Guide**

For Information and Assistance, call:

**1-800-510-2020**

<http://www.aaans.org>

# INTRODUCTION

This Guide has been developed to help older people, as well as persons with disabilities and their caregivers in Solano County find needed services. We have tried to include the basic resources available, along with where to call for additional help.

The Guide's purpose is to help you start your search. The listing of services in this directory does not constitute an endorsement. You will find that some of the resources are free of charge, some have fees based on income, and other charge set fees.

We were not able to list some resources because of space limitations. If you need something not listed, or if you have questions about a service, call the

**Area Agency on Aging Serving Napa and Solano**

Information and Assistance line at

**707-643-1797** or

**1-800-510-2020**

(Toll free from land line telephones in Solano County)

At the time of printing, all entries were current. Please be aware that changes may occur.

**All Numbers are (707) Area Code unless otherwise noted.**

**The inclusion of the services in this guide does not constitute an endorsement.**

## INTRODUCTION

# INFORMATION AND REFERRAL

The Area Agency on Aging Serving Napa and Solano maintains an information file on services for older people, persons with disabilities and caregivers, disaster assistance and can assist with referrals.

## AREA AGENCY ON AGING SERVING NAPA AND SOLANO

P.O. Box 3069, Vallejo 94590, 400 Contra Costa St, Vallejo, 94590 [www.aaans.org](http://www.aaans.org) .....707-644-6612  
Vacaville office 91 Town Plaza Vacaville, Mon Tue Wed 8:30 am-4:30 pm .....707-469-6679  
**Information & Assistance**, 575 Sacramento St., Vallejo, M-F 8:30 am-4:30 pm..... **1-800-510-2020 / 643-1797**

## 211 BAY AREA..... 211

Dial 2-1-1 to connect with community services near you – child care, job training, senior services, counseling, food, shelter and much more. This free service, provided by United Way of the Bay Area is available 24 hours a day in more than 150 languages. [www.211BayArea.org](http://www.211BayArea.org) ..... TTY: **415-808-4440**

## SOCIAL SECURITY OFFICES [www.ssa.gov/](http://www.ssa.gov/)

700 Main St, Suisun City 94585 9:00 am-4:00 pm ..... **1-800-772-1213**  
106 Plaza Dr., Vallejo, 94591 9:00 am-4:00 pm ..... **1-800-772-1213**

Social Security provides benefits for retirement, disability, and survivors. Also Medicare insurance and Supplemental Security Income (SSI) for aged, blind, or disabled. SSI is Supplemental Security Income, a program for those in financial need administered by the Social Security Administration. If you are 65 or over, disabled, or blind, you can get checks and qualify for Medi-Cal to help with your medical bills. Criteria for SSI supplements, please call Social Security Administration.

## SOLANO COUNTY departments and services .....707-784-6100

Information on Solano is available on the web at [www.solanocounty.com](http://www.solanocounty.com)

Older and Disabled Adult Services in the Health and Social Services Department provides a range of services for older and disabled persons in the following programs: Adult Protective Services, In-Home Supportive Services, Public Guardian and Public Administrator at 275 Beck Ave., Fairfield.

Emergency/Crisis ..... **911**  
Adult Protective Services (APS) 24-Hour Hotline ..... **1-800-850-0012**  
    During regular office hours ..... **707-784-8259**  
In-Home Supportive Services (IHSS) Intake ..... **707-784-8259**  
IHSS Public Authority Provider Registry ..... **707-784-8200**  
Public Guardian ..... **707-784-8200**  
Public Administrator ..... **707-784-8920**

**COMMUNITY ACTION COUNCILS** offer financial assistance to low-income residents.  
See Income Assistance/Benefits section for contact information.

**FAMILY RESOURCE CENTERS** provide connections to healthcare, housing, food, counseling and other services.  
See Income Assistance/Benefits section for contact information

**PUBLIC LIBRARIES PROVIDE** information and resources.  
See the Index section for library listing information.

# INFORMATION AND REFERRAL

# EMERGENCY

CALL 911 FOR POLICE-SHERIFF-FIRE-AMBULANCE-PARAMEDICS-ALL EMERGENCIES

**SOLANO COUNTY ADULT PROTECTIVE SERVICES (APS) 24-Hour Hotline**..... 1-800-850-0012  
During regular office hours .....707-784-8259

**SUICIDE LINE 24-hour crisis line** .....707-428-1131

**NATIONAL SUICIDE PREVENTION HOTLINE- /VETERANS CRISIS LINE** ..... 1-800-273-8255

**POISON CONTROL** ..... 1-800-222-1222

## HOSPITALS

**Kaiser Vacaville**, 1 Quality Drive, Vacaville [www.kp.org](http://www.kp.org) .....707-624-4000

**Kaiser Vallejo**, 975 Sereno Drive, Vallejo [www.kp.org](http://www.kp.org) .....707-651-1000

**North Bay Health Care**, 1200 B. Gale Wilson Blvd. Fairfield [www.northbay.org](http://www.northbay.org) .....707-646-5000

**Sutter Solano Medical Center**, 300 Hospital Drive, Vallejo [www.suttersolano.org](http://www.suttersolano.org) .....707-554-4444

**VacaValley Hospital**, 1000 Nut Tree Rd Vacaville <http://northbay.org/northbayvacavalleyhospital.aspx> 707-624-7000

**David Grant Medical Center**, 101 Bodin Circle Travis AFB, Fairfield [www.travis.af.mil/units/dgmc](http://www.travis.af.mil/units/dgmc) .....707-423-7829

**AREA AGENCY ON AGING SENIOR ASSISTANCE** .....707-643-1797

575 Sacramento Street, Vallejo [www.aaans.org](http://www.aaans.org) M-F 8:30 am- 4:30 pm

Provides information about how to obtain Emergency Response Systems and Elder ID/Safe Return programs.

## EMERGENCY FOOD AND CLOTHING

**AMERICAN RED CROSS** [www.redcrossbayarea.org](http://www.redcrossbayarea.org) .....707-438-7060

1545 N Texas St., Fairfield, M-F 8:30 am-5:30 pm

Food and clothing vouchers, loan of home medical equipment. Assistance in case of disaster (flood, fire, etc.)

**FOOD BANK OF CONTRA COSTA AND SOLANO** [www.foodbankccs.org](http://www.foodbankccs.org) .....707-421-9777

1891 Woolner St Suite I, Fairfield, M-F 8:00 am-4:00 pm

Provides food assistance for low-income persons including the Senior Brown Bag program.

**SALVATION ARMY** [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

1200 Missouri St., Fairfield, M-Th 9:00 am-12:00 pm & 1:00-4:00 pm.....707-426-6244

630-632 Tuolumne St., Vallejo.....707-643-8621

Provides food, clothing and assistance with utility bills

**SAINT VINCENT DE PAUL** [www.svdp.org/](http://www.svdp.org/) (Food, Shelter, Clothing)

Benicia **707-746-1773** Fairfield ..... **707-425-3280** Vallejo ..... **707-644-0376**

Fairfield, Cordelia and Suisun City **707-422-5209** Vacaville ..... **707-421-5488** Vallejo ..... **707-556-9846**

**VACA FISH** [www.vacafish.org](http://www.vacafish.org).....707-447-5482

1102 Alamo Drive, Vacaville (Trailer) M-F 10:00 am-2:00 pm

**CHRISTIAN HELP CENTER** [www.christianhelpcenter.org](http://www.christianhelpcenter.org).....707-553-8192

2166 Sacramento Street, Vallejo M-Sa 8:00 am-6:00 pm

**MISSION SOLANO** [www.missionsolano.org](http://www.missionsolano.org).....707-425-3930

710 Missouri St., Fairfield M-Sun hours vary

**OPPORTUNITY HOUSE** [www.opportunityhouse.us](http://www.opportunityhouse.us).....707-447-1988

712 Catherine St., Vacaville M W Th F & Sa 10:00 am-6:00 pm T 10:00 am-8:00 pm, Su 11:00 am-5:00pm

**AMADOR STREET HOPE CENTER, ANGEL FOOD MINISTRIES** [www.amadorhope.org](http://www.amadorhope.org) .....707- 648-1986

929 Amador St., Vallejo, M 6:30 pm, W 1:00 pm (first come first served,-arrive 90 minutes early).

**COMMUNITY ACTION COUNCILS** offer financial assistance to low-income residents.

See Income Assistance/Benefits section for contact information

## EMERGENCY FOOD AND CLOTHING

# MEDICAL REFERRALS

## HOSPITALS

- Kaiser Vacaville**, 1 Quality Drive, Vacaville [www.kp.org](http://www.kp.org) .....707-624-4000  
**Kaiser Vallejo**, 975 Sereno Drive, Vallejo [www.kp.org](http://www.kp.org) .....707-651-1000  
**North Bay Health Care**, 1200 B. Gale Wilson Blvd. Fairfield [www.northbay.org](http://www.northbay.org) .....707-646-5000  
**Sutter Solano Medical Center**, 300 Hospital Drive, Vallejo [www.suttersolano.org](http://www.suttersolano.org) .....707-554-4444  
**VacaValley Hospital**, 1000 Nut Tree Rd Vacaville <http://northbay.org/northbayvacavalleyhospital.aspx> 707-624-7000  
**David Grant Medical Center**, 101 Bodin Circle Travis AFB, Fairfield [www.travis.af.mil/units/dgmc](http://www.travis.af.mil/units/dgmc) .....707-423-7829
- SOLANO COUNTY PUBLIC HEALTH DEPARTMENT** .....800-547-0495
- SOLANO COUNTY MEDICAL SOCIETY** [www.solanomedsoc.com](http://www.solanomedsoc.com) .....707-255-3622  
980 Trancas Street, No. 8, Napa 94558, Refers callers to competent physicians in Solano County.  
Durable Power of Attorney and Do Not Resuscitate (DNR) forms available upon request.
- NAPA-SOLANO DENTAL SOCIETY** [www.napasolanodentalsociety.org](http://www.napasolanodentalsociety.org) .....707-428-3894  
1023 Empire St., Fairfield, M-Th 9:00 am-5:00 pm
- OMBUDSMAN SERVICES OF NORTHERN CALIFORNIA, SOLANO OFFICE** [www.osnc.net](http://www.osnc.net) .....707-644-4194  
1810 Capitol St., Vallejo, M-F 8:30 am – 5:00 pm  
Services include complaint investigation and advocacy for residents in licensed long-term care facilities, listing of facilities for those seeking placement, witness for residents signing Durable Power of Attorney for health care services
- EYE CARE AMERICA** [www.eyecareamerica.org](http://www.eyecareamerica.org) ..... 1-800-222-3937  
Financially disadvantaged seniors who have not recently seen an ophthalmologist will be referred to a local ophthalmologist for exam and treatment.

## HEALTH SERVICES

- SOLANO ADULT DAY HEALTH CARE** ..... 707- 642-6811 or 707-642-6885  
100 Corporate Place, Suite D Vallejo, Provides a full range of health care, social, and recreational services in a licensed day program. M-T-W-F 9:30 am –3:30 pm
- LA CLINICA** [www.laclinica.org](http://www.laclinica.org) .....707-556-8100  
243 Georgia Street, Suite B, Vallejo, M – F 9:00am- 5:00 pm, Evenings M-F 5:00- 8:00 pm First come first served
- SOLANO COUNTY HEALTH AND SOCIAL SERVICES PRIMARY CARE CLINIC** [www.solanocounty.com](http://www.solanocounty.com)  
2201 Courage Drive. Fairfield M-F 8:00 am-5:00 pm .....707-784-2010  
355 Tuolumne Street Vallejo.....707-553-5509
- SOLANO COUNTY DENTAL Clinics** [www.solanocounty.com](http://www.solanocounty.com) .....707-784-2120  
2101 Courage Dr. Fairfield, M-F 8:00 am-5:00 pm
- LA CLINICA DENTAL SERVICE** [www.laclinica.org](http://www.laclinica.org) .....707-558-2000  
2920A Sonoma Blvd., Vallejo, M-Sa 8:00 am-5:30pm
- American Red Cross** <http://www.redcross.org/> .....707-438-7060  
1545 N Texas St., Fairfield, M-F 8:30 am-5:30 pm, Loan of home medical equipment.
- AMERICAN CANCER SOCIETY, SOLANO COUNTY UNIT** [www.cancer.org](http://www.cancer.org) ..... 1-800-227-2345  
744 Empire Street, Fairfield, M-F 9:00am-5:00 pm .....707-425-5006
- HOSPICE & BEREAVEMENT**  
See Self Help/Support Groups section for contact information
- MEDIC ALERT FOUNDATION, UNITED STATES** [www.medicalert.org](http://www.medicalert.org) ..... 1-800-432-5378  
M-F 6:00 am- 5:00 pm, Sa 8:00 am-5:00 pm  
Medial Information bracelets/necklaces provide emergency information to doctors, hospitals, etc.
- MEDICAL EQUIPMENT & SUPPLIES**  
Physician-prescribed medical equipment may be covered by Medicare, Medi-Cal, or private insurance.  
Check with your physician or call:  
Medicare [www.medicare.gov](http://www.medicare.gov) ..... 1-800-633-4227  
Medi-Cal [www.solanocounty.com](http://www.solanocounty.com) M-F 8:30 am-5:00 pm..... 1-800-952-5253

# TRANSPORTATION

## PUBLIC TRANSIT - LOCAL AND INTERCITY BUS INFORMATION

All local routes and intercity buses have kneeling capabilities and are wheelchair accessible. Call Solano Napa Commuter Information (SNCI) 1-800-53-KMUTE (800-535-6883) for personalized trip planning assistance about traveling around Solano/Napa Counties and neighboring counties and for bus routes, schedules, and fare information or visit SNCI website at <http://www.commuterinfo.net>.

Transit information services for Bay Area and Sacramento area are also available by calling 511 or the transit agency.

<b>SOLANOEXPRESS</b> <a href="http://www.solanoexpress.com">www.solanoexpress.com</a> .....	<b>800-535-6883</b>
<b>DIXON READI-RIDE</b> <a href="http://www.ci.dixon.ca.us/index.aspx?NID=235">http://www.ci.dixon.ca.us/index.aspx?NID=235</a> (Reservations are required) .....	<b>707-678-5020</b>
<b>FAIRFIELD AND SUISUN TRANSIT</b> <a href="http://www.fasttransit.org/">http://www.fasttransit.org/</a> .....	<b>707-422-2877</b>
<b>RIO VISTA DELTA BREEZE</b> (Deviated fixed route) <a href="http://www.rio-vista-ca.com/transit/">www.rio-vista-ca.com/transit/</a> .....	<b>707-374-2878</b>
<b>SOLTRANS</b> (Benicia and Vallejo) <a href="http://www.soltransride.com">www.soltransride.com</a> .....	<b>707-648-4666</b>
<b>VACAVILLE CITY COACH</b> <a href="http://www.citycoach.com">www.citycoach.com</a> .....	<b>707-449-6000</b>
<b>VALLEJO BAYLINK FERRY</b> (Service to San Francisco) <a href="http://www.baylinkferry.com">www.baylinkferry.com</a> .....	<b>707-643-3779</b>

### Neighboring Counties

<b>VINE TRANSIT</b> (Vallejo, Napa area) <a href="http://www.nctpa.net">www.nctpa.net</a> .....	<b>800-696-6443</b>
<b>YOLO BUS</b> (Vacaville, Winters, Davis) <a href="http://www.yolobus.com/">www.yolobus.com/</a> .....	<b>530-666-2877</b>

## PARATRANSIT

Provides origin to destination service for persons with disabilities who have established eligibility.

<b>DART</b> (Dial-a-Ride Transit) Fairfield and Suisun City residents M-F 5:30 am-7:00 pm .....	<b>707-429-2400</b>
<b>DIXON READI-RIDE'S INTERCITY SERVICE</b> - Service to Davis and Vacaville. M-F 7:00 am-5:00 pm.....	<b>707-678-5020</b>
<b>VACAVILLE SPECIALIZED SERVICES</b> .....	<b>707-449-6000</b>
<b>SOLTRANS PARATRANSIT</b> (Vallejo and Benicia) - Also provides out of town transfers to East bay .....	<b>707-745-0815</b>
<b>Residents in Rural Area of Solano County</b> .....	<b>707-784-6765</b>

## ASSISTED TRANSPORTATION

Programs provide assistance, including escort for older adults who have difficulties (physical or cognitive) using regular transportation, including public transit and paratransit. Call programs for eligibility and reservation requirements

<b>AREA AGENCY ON AGING SENIOR ESCORT PROGRAM</b> <a href="http://www.aaans.org">www.aaans.org</a> .....	<b>707-643-1797</b>
Low income Vallejo residents Age 60 or over. Suggested donation, 8:30 am-4: 30 pm	

### VOLUNTEER DRIVER PROGRAMS

#### **BENICIA SENIORS TO MEALS**..... **707-748-0808**

Provide free van service to meal site at senior Center.  
Must call to schedule trip a day in advance.

#### **FAIRFIELD SENIOR VOLUNTEER DRIVER PROGRAM** ..... **707-428-7556**

Transportation for ambulatory seniors by small van to senior center, doctor, dentist and pharmacy only.  
Reservations required. Phone line works only during business hours of 8:30 am – 2:00 pm

#### **FAITH IN ACTION'S RIDE WITH PRIDE**.. **707-469-6675**

[www.faithinactionsolano.org/](http://www.faithinactionsolano.org/)

Free rides, door-to-door for seniors within city of residence. Call in advance, first come, first served.  
M-F 9:00 am-12:00 pm

#### **SOLANO COUNTY CANCER SOCIETY** .. **707-425-6164**

[www.cancer.org](http://www.cancer.org) Provides transportation for ambulatory Solano County cancer patients. At least 72 hrs. advance notice is required. If possible call a week ahead, as there are a limited number of drivers.

#### **Private Transportation with Wheelchair Lifts**

Stan's Chaperone Service ..... **707-761-4430**  
AA Medical Transportation..... **707-552-1193**

### TAXI SCRIP & INTERCITY TAXI SCRIP

Programs offer reduced taxi fare coupons for eligible seniors and people with disabilities.  
Call program for more details and information.

<b>BENICIA REDUCED TAXI FARE</b> .....	<b>707-553-7269</b>
<b>RIO VISTA DELTA BREEZE</b> .....	<b>707-374-2878</b>
<b>FAIRFIELD AND SUISUN CITY</b> .....	<b>707-434-3809</b>
<b>VACAVILLE TAXI SCRIP PROGRAM</b> .....	<b>707-449-5170</b>
<b>SOLTRANS</b> (Benicia & Vallejo) .....	<b>707-553-7269</b>
<b>SOLANO COUNTY</b> (rural area).....	<b>707-784-6765</b>

### GREYHOUND

[www.greyhound.com](http://www.greyhound.com)

<b>Suisun City</b> -- 177 Main St.....	<b>707-421-2512</b>
M- Su 9:30 am- 6:30 pm	
<b>Vallejo</b> – 1600 Lemon St. ....	<b>707-643-7661</b>

### CAPITAL CORRIDOR AND BART

<b>AMTRAK Station Suisun City</b> <a href="http://www.amtrak.com">www.amtrak.com</a> .....	<b>877-974-3322</b>
<b>BART</b> <a href="http://www.bart.gov">www.bart.gov</a> .....	<b>510-465-2278</b>

### DEPARTMENT OF MOTOR VEHICLES

<a href="http://www.dmv.org">www.dmv.org</a> .....	<b>1-800-777-0133</b>
160 Sereno Drive, Fairfield 621 Orange Drive, Vacaville	
M-F 8:00 am – 5:00 pm 200 Couch Street, Vallejo	

## SELF HELP AND SUPPORT GROUPS

<b>AMERICAN CANCER SOCIETY, SOLANO COUNTY UNIT</b> <a href="http://www.cancer.org">www.cancer.org</a> .....	<b>1-800-227-2345 / 707-425-5006</b>
744 Empire Street, Fairfield, M-F 9:00 am-5:00 pm	
<b>AMERICAN DIABETES ASSOCIATION</b> <a href="http://www.diabetes.org">www.diabetes.org</a> .....	<b>1-800-342-2383</b>
<b>AMERICAN HEART ASSOCIATION</b> <a href="http://www.heart.org">www.heart.org</a> .....	<b>1-800-242-8721</b>
<b>AMERICAN RED CROSS</b> <a href="http://www.redcross.org">www.redcross.org</a> & <a href="http://www.bayarea-redcross.org">www.bayarea-redcross.org</a> .....	<b>707-438-7060</b>
1545 N Texas St., Fairfield, Disaster services only	
<b>GUIDE DOGS FOR THE BLIND</b> .....	<b>1-415-499-4000</b>
<b>REDWOOD CAREGIVER RESOURCE CENTER (RCRC)</b> <a href="http://www.redwoodcrc.org">www.redwoodcrc.org</a> .....	<b>1-800-834-1636</b>
141 Stony Circle, Suite 200, Santa Rosa, CA 95402-1556, Provides information and referral, counseling, support groups, and respite care for families and caregivers of brain-impaired adults	
<b>NORTHBAY HOSPICE &amp; BEREAVEMENT</b> <a href="http://www.northbay.org">www.northbay.org</a> .....	<b>707-646-3595</b>
1200 B. Gale Wilson Blvd. Fairfield	
<b>KAISER HOSPICE &amp; BEREAVEMENT</b> <a href="http://www.kp.org">www.kp.org</a> .....	<b>707-645-2730</b>
975 Sereno Drive, Vallejo	
<b>SUTTER HOSPICE &amp; BEREAVEMENT</b> <a href="http://www.suttervnaandhospice.org">www.suttervnaandhospice.org</a> .....	<b>925-644-4240</b>
<b>YOLO HOSPICE</b> <a href="http://www.yolohospice.org">www.yolohospice.org</a> .....	<b>1-800-491-7711 / 1-530-758-5566</b>
1909 Galileo Court, Suite A, Davis, CA 95618	
<b>HEALTH INSURANCE COUNSELING (HICAP)</b> <a href="http://www.senioradvocacyservices.org">www.senioradvocacyservices.org</a> .....	<b>1-800-434-0222</b>
3262 Airway Drive, Suite C, Santa Rosa, CA 95403, Information and counseling on Medicare, Senior HMOs, Medicare Supplement Plans and Long Term Care Insurance M-F 9:00 am-4:00 pm	
<b>CALIFORNIA DEPT. OF INSURANCE CONSUMER HOTLINE</b> <a href="http://www.insurance.ca.gov">www.insurance.ca.gov</a> .....	<b>1-800-927-4357</b>
M-F 8:00 am-5:00 pm	
<b>DIXON FAMILY SERVICES</b> <a href="http://www.dixonfs.org">www.dixonfs.org</a> .....	<b>707-678-0442</b>
155 North 2nd Street, Dixon, M-Th 10:00 am-4:00 pm, F 10:00 am-12:00 pm	

## SUPPORT GROUPS

<b>NORTHBAY CARE GIVER SUPPORT GROUP</b> .....	<b>1-888-922-9922</b>
Vaca Valley Hospital – Lobby, 100 Nut Tree Road, Vacaville, 2 <sup>nd</sup> Wednesday, 7:00-9:00 pm	
<b>VALLEJO CAREGIVER SUPPORT GROUP</b> .....	<b>707-643-1797</b>
Florence Douglas Senior Center, 333 Amador St., 2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday, 10:30 am – 12:30 pm	
<b>CANCER SUPPORT GROUP</b> .....	<b>707-554-5234 / 707-333-6903</b>
Sutter Solano Medical Center, 300 Hospital Drive Vallejo, 2nd & 4th Tuesday, 3:30 - 5:00 pm	
<b>GRIEF SUPPORT GROUP</b> .....	<b>1-800-853-7454</b>
McBride Center, 91 Town Square Pl., Vacaville, Wednesdays, 1:00-2:30 pm	
<b>ADULT BEREAVEMENT GROUP</b> .....	<b>707-399-3736</b>
NorthBay Hospice & Bereavement, 1300 Oliver Road, Suite 210 Fairfield, Thursdays, 5:30 to 7:00 pm	
<b>EPILEPSY SUPPORT GROUP</b> .....	<b>800-632-3532</b>
Vacavalley Health Plaza Annex Build Suite 290, 1010 Nut Tree Rd. Vacaville, 4 <sup>th</sup> Wednesday, 6:00-7:30 pm	
<b>PET LOSS SUPPORT GROUP</b> <a href="http://www.bvhumane.org/">www.bvhumane.org/</a> .....	<b>707-645-7906</b>
Benicia-Vallejo Humane Society, 1121 Sonoma Blvd. Vallejo, Tue-Sat 11:00 am-5:00 pm, Services include: Animal advocacy and a pet loss support group	
<b>GRANDPARENTS &amp; RELATIVES AS PARENTS SUPPORT GROUP</b> <a href="http://www.aaans.org">www.aaans.org</a> .....	<b>707-643-1797</b>
Meets at First Baptist Church 2025 Sonoma Blvd., Vallejo, 4 <sup>th</sup> Wed of every month, 5:30 pm – 7:00 pm	
<b>GRANDPARENT SUPPORT GROUP</b> .....	<b>707-556-8620</b>
Vallejo Adult School, 2833 Tennessee St Vallejo, 3 <sup>rd</sup> Tuesday of each month, luncheon meeting	

# EDUCATION

## ADULT SCHOOLS

Offer a variety of opportunities for academic and vocational achievement as well as personal enrichment. Classes in the areas of health and fitness, English as a second language, computer, arts & crafts, and self-enrichment are offered at low or no cost to the participants.

<b>FAIRFIELD SUISUN (FSUSD)</b> , 1100 Civic Ctr. Dr., Fairfield, <a href="http://www.fsusd.k12.ca.us/">www.fsusd.k12.ca.us/</a> .....	<b>707-421-4155</b>
<b>VACAVILLE (VUSD)</b> , 100W. Monte Vista Dr., Vacaville <a href="http://www.vacavilleusd.org/">www.vacavilleusd.org/</a> .....	<b>707-453-6018</b>
<b>VALLEJO (VCUSD)</b> , 2833 Tennessee St., Vallejo <a href="http://www.vallejo.k12.ca.us/">www.vallejo.k12.ca.us/</a> .....	<b>707-556-8620</b>
<b>SOLANO COUNTY OF EDUCATION</b> , 5100 Business Ctr. Dr. <a href="http://www.solanocoe.net/">www.solanocoe.net/</a> .....	<b>707-399-4400</b>

## SOLANO COMMUNITY COLLEGE

In addition to the academic credit classes, the community college offers a range of noncredit and community service programs at the main campus and satellite locations throughout the county. There may be fees for registration and materials, and parking.

<b>COMMUNITY COLLEGE CAMPUS</b> 4000 Suisun Valley Rd., Suisun City <a href="http://www.solano.edu">www.solano.edu</a> .....	<b>707-864-7000</b>
<b>VACAVILLE CENTER</b> , 2001 Village Parkway, Vacaville.....	<b>707-446-2920</b>
<b>VALLEJO CENTER</b> , 545 Columbus Parkway, Vallejo.....	<b>707-642-8188</b>

## COMMUNITY RESOURCES

Departments manage parks, community centers and recreation programs in each city.

<b>FAIRFIELD SUISUN - FAIRFIELD COMMUNITY SERVICES</b> 1000 Webster St. <a href="http://www.fairfield.ca.gov/">www.fairfield.ca.gov/</a> .....	<b>707-428-7465</b>
<b>VACAVILLE COMMUNITY SERVICES</b> , 650 Merchant St., Vacaville <a href="http://www.ci.vacaville.ca.us">www.ci.vacaville.ca.us</a> .....	<b>707-449-5654</b>
<b>VALLEJO GREATER VALLEJO RECREATION DISTRICT</b> , 395 Amador St., Vallejo <a href="http://www.gvrd.org/">http://www.gvrd.org/</a> <b>707-648-4600</b> M-F 8:00 am-5:00 pm	

<b>KAISER PERMANENTE MEDICAL CENTER HEALTH EDUCATION CENTERS</b> <a href="http://www.kp.org">www.kp.org</a>	
975 Sereno Drive, Vallejo .....	<b>707-651-2692</b>
3700 Vaca Valley Parkway, Vacaville.....	<b>707-453-5155</b>
1550 Gateway Blvd., Fairfield .....	<b>707-427-4466</b>

<b>IN HOME SUPPORTIVE SERVICES</b> -- Caregiver Training .....	<b>707-784-8200</b>
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<b>AREA AGENCY ON AGING PREVENTION AND EARLY ACCESS FOR SENIORS</b> .....	<b>707-643-1797</b>
575 Sacramento Street, Vallejo <a href="http://solanoseniors.aaans.org/">http://solanoseniors.aaans.org/</a> Provides information, screening, assessment, referral and connection to services for older adults at risk for mental health challenges. Community education, gatekeeper training, system navigation and provider education are available. To schedule training, call .....	<b>707-319-5954</b>

<b>AMERICAN DIABETES ASSOCIATION</b> .....	<b>1-800-342-2383</b>
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<b>AARP</b> State office <a href="http://www.aarp.org">www.aarp.org</a> .....	<b>1-800-424-3410</b>
415 L Street Suite 960, Sacramento CA, 95814, Classes offered at various locations, including senior centers. Driver Safety, Grand parenting, Reverse mortgage, Employment Connections. M-F 9:00 am-5:00 pm	

<b>REDWOOD CAREGIVER RESOURCE CENTER (RCRC)</b> <a href="http://www.redwoodcrc.org">www.redwoodcrc.org</a> .....	<b>1-800-834-1636</b>
141 Stony Circle, Suite 200, Santa Rosa, CA 95402-1556, Provides information and referral, counseling, support groups, and respite care for families and caregivers of brain-impaired adults. . M-F 9:00 am-5:00 pm	

<b>AREA AGENCY ON AGING FAMILY CAREGIVER SUPPORT PROGRAM</b> <a href="http://www.aaans.org">www.aaans.org</a> .....	<b>707-643-1797</b>
575 Sacramento Street, Vallejo 94590, Provides assistance to families caring for older persons, including information & referral, caregiver support, respite care and supplemental services.	



# ALZHEIMER'S AND OTHER DEMENTIAS/ LEGAL

## ALZHEIMER'S AND OTHER DEMENTIAS

- ALZHEIMER'S ASSOCIATION HELPLINE**..... 1-800-272-3900  
Information, referral and support 24 hours a day, 7 days/week
- ALZHEIMER'S ASSOCIATION OF NORTHERN CALIFORNIA** [www.alznorcal.org/](http://www.alznorcal.org/) ..... 1-925-284-7942  
East Bay office of Greater San Francisco Bay Area Chapter  
251 Lafayette Circle, Suite 250 Lafayette. M-F 8:30 am-5:00 pm
- ALZHEIMER'S AID SOCIETY NORTHERN CALIFORNIA** [www.alzaid.org](http://www.alzaid.org) .....209-333-2649 / 1-800-540-3340  
P.O. Box 1824 Sacramento CA 95812, M-F 9:00 am-3:00 pm
- REDWOOD CAREGIVER RESOURCE CENTER (RCRC)** [www.redwoodcrc.org](http://www.redwoodcrc.org) ..... 1-800-834-1636  
141 Stony Circle, Suite 200, Santa Rosa, CA 95402-1556, Provides information and referral, counseling,  
support groups, and respite care for families and caregivers of brain-impaired adults. . M-F 9:00 am-5:00 pm
- NORTHBAY ALZHEIMER'S RESOURCE CENTER** [www.northbay.org/NorthBayAlzheimerServices.aspx](http://www.northbay.org/NorthBayAlzheimerServices.aspx) 707-624-7971  
1000 Nut Tree Rd #205, Vacaville, M-F 10:00 am-2:00 pm
- VACAVILLE NORTH BAY ADULT DAY CENTER** <http://www.northbay.org/> .....707-624-7970  
1020 Nut Tree Rd., Vacaville,  
Social Day Care for Alzheimer's dementia and memory impaired, M-F 7:00 am-7:00 pm
- THE STARS CENTER, VALLEJO ADULT SCHOOL**..... 707-556-8620 ext. 2  
2833 Tennessee St, Vallejo,  
Respite Care for Alzheimer's, dementia and memory impaired Thursdays 8:00 am-3:00 pm

## LEGAL

- CALIFORNIA OFFICE OF VITAL RECORDS, SACRAMENTO**, ..... 1-916-558-1784  
For copies of birth, marriage or divorce certificates, contact the county clerk in the county in which you were born.
- SOLANO DISTRICT ATTORNEY'S OFFICE** [www.solanocounty.com](http://www.solanocounty.com) .....707-784-6800
- LEGAL SERVICES OF NORTHERN CALIFORNIA SOLANO CO. OFFICE** [www.lsn.net](http://www.lsn.net) 707-643-0054 / 800-270-7252  
1810 Capitol Street, Vallejo, CA 94590, M T Th F 8:45 -11:45 am 1:00- 3:00 pm, closed Wednesday  
LSNC provides assistance to seniors with legal problems concerning housing (including foreclosures), public  
benefits (such as SSI, food stamps, Medi-Cal or IHSS issues), elder abuse, and some consumer issues
- LAWYER IN THE LIBRARY**.....707-553-5568  
John F. Kennedy Library, 505 Santa Clara St. Vallejo,  
1st & 3rd Wednesdays, 6:00 - 8:00 pm, Sign-ups at 4:00 pm  
Free legal advice & referral
- LAWYER REFERRAL SERVICE**, Solano County Bar Association .....707-422-0127
- SENIOR LEGAL HOTLINE** ..... 1-800-222-1753
- CALIFORNIA ADVOCATES FOR NURSING HOME REFORM (CANHR)** [www.canhr.org](http://www.canhr.org)..... 800-474-1116  
Consumer Information Hotline, M-F 9:00 am-5:00 pm
- HEALTH SERVICES ADVISORY GROUP** California Medicare 24-hr. Help Line [www.hsag.com](http://www.hsag.com)..... 1-800-841-1602  
Helps Medicare recipients who have complaints about quality of medical care TDD: 800-881-5980  
provided in hospital, outpatient surgery centers & HMOs
- OMBUDSMAN SERVICES OF NORTHERN CALIFORNIA, SOLANO OFFICE** [www.osnc.net](http://www.osnc.net) .....707-644-4194  
1810 Capitol St., Vallejo, M-F 8:300 am – 5:00 pm  
Services include complaint investigation and advocacy for residents in licensed long-term care facilities, listing of  
facilities for those seeking placement, witness for residents signing Durable Power of Attorney for health care services

# INCOME ASSISTANCE / BENEFITS

<b>CONSUMER CREDIT COUNSELING SERVICE OF SAN FRANCISCO</b> <a href="http://www.cccssf.org">www.cccssf.org</a> .....	<b>1-800-777-7526</b>
M-F 8:00 am-5:00 pm, Debt counseling and consolidation of payments	
<b>SOLANO COUNTY JOB CONNECTION EMPLOYMENT AND TRAINING CENTER</b> <a href="http://www.edd.ca.gov">www.edd.ca.gov</a>	
320 Campus Lane, Suisun City .....	<b>707-864-3370</b>
1440 Marin Street, Vallejo.....	<b>707-649-3604</b>
M-F 8:30 am- 5:00 pm, Offers training and assistance in finding part or full-time employment	
<b>EXPERIENCE WORKS</b> .....	<b>707-421-2106 / 707-649-5488</b>
1147 Broadway St., Fairfield, M-TH 8:30 am-2: 30 pm, Helps eligible low income seniors find work	
<b>NATIONAL COUNCIL ON AGING SENIOR EMPLOYMENT</b> <a href="http://www.ncoa.org/">www.ncoa.org/</a> .....	<b>1-415-982-7007</b>
77 Geary St 5th Floor San Francisco, CA 94108, M-F 9:00 am-5:00 pm. Helps eligible low income seniors find work	
<b>SOLANO COUNTY HEALTH AND SOCIAL SERVICES, OLDER AND DISABLED ADULT SERVICES (ODAS)</b> <a href="http://www.solanocounty.com/">www.solanocounty.com/</a> .....	<b>707-784-8259</b>
275 Beck Ave., Fairfield, M-F 8:00 am-5:00 pm Provides screening and eligibility determination for the In-Home Supportive Services (IHSS) Program.	
<b>SOCIAL SECURITY OFFICES</b> <a href="http://www.ssa.gov/">www.ssa.gov/</a>	
700 Main St, Suisun City 94585 9:00 am-4:00 pm .....	<b>1-800-772-1213</b>
106 Plaza Dr., Vallejo, 94591 9:00 am-4:00 pm .....	<b>1-800-772-1213</b>
Social Security provides benefits for retirement, disability, and survivors. Also Medicare insurance and Supplemental Security Income (SSI) for aged, blind, or disabled. SSI is Supplemental Security Income, a program for those in financial need administered by the Social Security Administration. If you are 65 or over, disabled, or blind, you can get checks and qualify for Medi-Cal to help with your medical bills. Criteria for SSI supplements, please call Social Security Administration.	
<b>HEALTH INSURANCE COUNSELING (HICAP)</b> <a href="http://www.senioradvocacyservices.org">www.senioradvocacyservices.org</a> .....	<b>1-800-434-0222</b>
3262 Airway Drive, Suite C, Santa Rosa, CA 95403, Information and counseling on Medicare, Senior HMOs, Medicare Supplement Plans and Long Term Care Insurance M-F 9:00 am-4:00 pm	
<b>MEDICARE HOTLINE, U.S. DEPARTMENT OF HEALTH &amp; HUMAN SERVICES</b> <a href="http://www.medicare.gov">www.medicare.gov</a> .....	<b>1-800-633-4227</b>
<b>COMMUNITY ACTION PARTNERSHIP OF SOLANO (CAP Solano)</b> <a href="http://www.capsolano.org">www.capsolano.org</a> .....	<b>707-422-8810</b>
1545 N. Texas St., Suite 201, Fairfield, M-F 10:00 am- 4:30 pm Community Action Agencies help people to help themselves in achieving self-sufficiency.	
<b>COMMUNITY ACTION COUNCILS</b> offer financial assistance to low-income residents.	
<b>Benicia Community Action Council</b> <a href="http://www.bencac.com/">www.bencac.com/</a> .....	<b>707-745-0900</b>
480 Military East Benicia, CA 94510 M 8:30 am-1:30 pm, T-Th 8:30 am-4:00 pm, F 10:00 am-2:00 pm	
<b>Dixon Family Services</b> <a href="http://www.dixonfs.org/">www.dixonfs.org/</a> .....	<b>707-678-0442 / 707-678-1147</b>
155 North 2nd Street Dixon, CA 95620, M-Th 10:00 am-4:00 pm F 10:00 am-1:00 pm	
<b>Fairfield/Suisun Community Action Council</b> <a href="http://www.fairfieldcac.org/">www.fairfieldcac.org/</a> .....	<b>707-427-1148</b>
416 Union Avenue Fairfield, CA 94533	
<b>Rio Vista Community Services</b> <a href="http://www.riovistacommunityservices.org/">www.riovistacommunityservices.org/</a> .....	<b>707-374-5706</b>
1105 Airport Rd., Rio Vista, CA 94571	
<b>Vacaville Family Resource Center</b> <a href="http://www.co.solano.ca.us">www.co.solano.ca.us</a> .....	<b>707-469-6608</b>
40 Eldridge Avenue, Vacaville, CA 95688	
<b>FAMILY RESOURCE CENTERS</b> provide parent education, home visiting programs, connections to healthcare, housing, food, counseling and other services	
<b>Family Resource Center Network (FRC)</b> .....	<b>707-421-4229</b>
<b>Benicia FRC</b> <a href="http://www.ci.benicia.ca.us/">http://www.ci.benicia.ca.us/</a> M-F 10:00 am-4:00 pm.....	<b>707-746-4352</b>
<b>Dixon Family Services</b> <a href="http://www.dixonfs.org">www.dixonfs.org</a> M-Th 10:00 am-4:00 pm F 10:00 am-1:00 pm .....	<b>707-678-0442</b>
<b>Fairfield FRC</b> M-F 7:30 am-4:00 pm .....	<b>707-421-3224</b>
<b>Suisun FRC</b> M-F 8:30 am-3:00 pm .....	<b>707-421-4398</b>
<b>Travis AFB Family Support Services</b> <a href="http://www.travisafrc.com">www.travisafrc.com</a> M-F 7:30 am-4:30 pm .....	<b>707-424-2486</b>
<b>Vacaville FRC</b> <a href="http://www.cityofvacaville.com">www.cityofvacaville.com</a> M-Th 8:30 am-3:00 pm.....	<b>707-469-6608</b>
<b>Vallejo Fighting Back Partnership &amp; FRC</b> <a href="http://www.fight-back.org">www.fight-back.org</a> .....	<b>707-648-5320</b>
<b>North Vallejo Fighting Back Partnership &amp; FRC</b> .....	<b>707-553-7345</b>

## INCOME ASSISTANCE / BENEFITS (cont.)

- CATHOLIC SOCIAL SERVICES FAMILY ASSISTANCE PROGRAM** [www.csssolano.org/](http://www.csssolano.org/) ..... 707-644-8909  
 125 Corporate Place, Vallejo M-Th 9:00 am-5:00 pm, Fri 9:00 am-12:00 pm
- SEASON OF SHARING - Catholic Social Services of Solano Co.** [www.csssolano.org](http://www.csssolano.org) . 415-777-7120 / 707-644-8909  
 Services include: Financial Assistance for delinquent rent or mortgage through Season of Sharing (SOS) fund.  
 Provides financial assistance through SOS Critical Family Needs (CFN) fund for critical one time needs for  
 seniors age 55 and over, or disabled persons.
- SALVATION ARMY** [www.salvationarmy.org](http://www.salvationarmy.org)  
 1216 Missouri St., Fairfield ..... 707-426-6244  
 630-632 Tuolumne St., Vallejo..... 707-643-8621  
 Provides food, clothing and assistance with utility bills
- INDEPENDENT LIVING RESOURCE CENTER** [www.ilrsc.org](http://www.ilrsc.org)..... Phone/TTY 707-435-8174  
 470 Chadbourne Road, Ste B, Fairfield, M-F 8:30 am-4: 30 pm ..... Fax: 707-435-8177  
 Fairfield, M-F 8:30 am-4: 30 pm  
 Provides advocacy and assistance to persons with disabilities.
- SAINT VINCENT DE PAUL** [www.svdp.org/](http://www.svdp.org/)  
 Fairfield, Cordelia and Suisun City ..... 707-422-5209  
 Vacaville..... 707-421-5488  
 Vallejo ..... 707-556-9846  
 Society Provides partial assistance with past due rent. Call for information about programs
- KAISER PERMANENTE MEDICAL FINANCIAL ASSISTANCE PROGRAM (MFAP) ...** 1-866-399-7696 / 707-651-2048  
[www.kp.org](http://www.kp.org) Financial Counselor, Assistance based on income.
- HEALTH WELL FOUNDATION** <http://healthwellfoundation.org/> ..... 1-800-675-8416  
 M-F 9:00 am-5:00 pm EST, May provide co-pay assistance for certain drug cost based on certain diagnosis.  
 Qualification is based on medical, financial and insurance criteria
- TAXES**  
 Franchise Tax Board, PO Box 1468 Sacramento CA 95812-1468..... 1-800-852-5711  
 Internal Revenue Service, Box 942886, Sacramento CA, 942886-0904 [www.irs.gov/](http://www.irs.gov/) ..... 1-800-829-1040  
 Solano County Tax Assessor, 675 Texas St. Fairfield, CA 94533..... 707-784-6200
- VETERANS ADMINISTRATION REGIONAL OFFICE** [www.va.gov/](http://www.va.gov/) ..... 1-800-827-1000  
 1301 Play Street, Oakland, CA; 12<sup>th</sup> floor. Benefits information and assistance. M-F 8:00 am-4:00 pm.
- SOLANO COUNTY VETERANS SERVICES** [www.solanocounty.com](http://www.solanocounty.com)..... 707-784-6590  
 675 Texas St., Suite 4700, Fairfield, M-F 9:00 am-4:00 pm,  
 Advocacy in filing claims, counseling, G.I. loans
- U.S. MILITARY VETERAN FAMILY RESOURCE CENTER, INC.** [www.usfamilyvet.com](http://www.usfamilyvet.com) ..... 707-373-9287  
 Provides advocacy and assistance to veterans and their families to access benefits
- PACIFIC GAS & ELECTRIC COMPANY**  
 Medical Baseline, P.O. Box 8329, Stockton, CA 95208..... 1-800-743-5000 (English), 1-800-660-6789 (Español)  
[www.pge.com](http://www.pge.com)  
 Medical Baseline is a financial assistance program for residential customers that have special energy needs due to  
 certain qualifying medical conditions. A licensed California doctor must certify that full-time resident at your home  
 needs or uses life-support, a paraplegic, hemiplegic, quadriplegic, or multiple sclerosis patient, scleroderma, or  
 other qualifying diseases. Call for an application, complete it, and then mail it to the above address.
- PG&E CARE** [www.pge.com/care](http://www.pge.com/care) ..... 1-866-743-2273  
 P.O. Box 7979, San Francisco, CA
- HEAP (HOME ENERGY ASSISTANCE PROGRAM)** [www.pge.com/care](http://www.pge.com/care)..... 1-800-233-4480  
 North Coast Energy Services, P.O. Box 413, Ukiah, CA, M-Th 8:30 am-12:00 pm
- VALLEJO GARBAGE SERVICE** [www.recolgyvallejo.com/](http://www.recolgyvallejo.com/)..... 707-552-3110  
 Offers discounted garbage rates to customers who are enrolled in PG&E CARE Qualify for lower rates
- CPUC CALIFORNIA PUBLIC UTILITIES COMMISSION** <http://www.cpuc.ca.gov/puc/> ..... 1-800-649-7570  
 Consumer Affairs Branch, California Lifeline Telephone Program  
 505 Van Ness Ave., San Francisco, CA 94102-3298
- PAID LEAVE/EMPLOYMENT DEVELOPMENT DEPARTMENT -877-BE-THERE (English), 1-877-379-3819 (Español)**  
 For people who wish to be with their parents during a health crisis like a heart attack, Alzheimer's, or at the end of  
 life to provide comfort and care. Request an application from your doctor or by calling the above numbers.

# CAREGIVERS

A Home Health Agency is a state-licensed public or private agency that provides skilled nursing or other therapeutic services on a part-time basis to patients in their homes.

A complete list of for-profit agencies can be found in the Yellow Pages under Home Health Services or Nurses Registry.

**AREA AGENCY ON AGING IN-HOME CAREGIVER REFERRAL REGISTRY** [www.aaans.org](http://www.aaans.org) .....707-643-1797  
575 Sacramento Street, Vallejo. Provides assistance in hiring reliable, affordable in-home help.

**AREA AGENCY ON AGING FAMILY CAREGIVER SUPPORT PROGRAM** [www.aaans.org](http://www.aaans.org) .....707-643-1797  
575 Sacramento Street, Vallejo 94590, Provides assistance to families caring for older persons, including information & referral, caregiver support, respite care and supplemental services.

**AREA AGENCY ON AGING MULTIPURPOSE SENIOR SERVICES PROGRAM** [www.aaans.org](http://www.aaans.org) .....707-644-6612  
400 Contra Costa Street, Vallejo 94590. Provides comprehensive assessment, case management and support services to assist low-income seniors that are at risk of institutionalization.

**REDWOOD CAREGIVER RESOURCE CENTER (RCRC)** [www.redwoodcrc.org](http://www.redwoodcrc.org) ..... 1-800-834-1636  
141 Stony Circle, Suite 200, Santa Rosa, CA 95402-1556, Provides information and referral, counseling, support groups, and respite care for families and caregivers of brain-impaired adults. . M-F 9:00 am-5:00 pm.

**SOLANO COUNTY IHSS PUBLIC AUTHORITY REGISTRY** .....707-784-8200  
Provides caregiver matching assistance to eligible IHSS low-income and disabled persons for domestic and non-medical personal care in the home.

**FAITH IN ACTION** [www.faithinactionsolano.org](http://www.faithinactionsolano.org) .....707-469-6668  
Provides friendly visits and telephone re-assurance for isolated seniors and assistance with errands and groceries. Hours vary upon need.

**A list of private professional conservators registered with Solano County can be obtained from the Superior Court Investigators Office at 707-201-7481.**

# DAY PROGRAMS

Provide respite for caregivers. Some programs provide health care or specialize in dementia care. Call program for information about eligibility and application procedures, hours of operation and fees.

**SOLANO ADULT DAY HEALTH CARE** ..... 707- 642-6811 or 707-642-6885  
100 Corporate Place, Suite D Vallejo, Provides a full range of health care, social, and recreational services in a licensed day program. M-T-W-F 9:30 am –3:30 pm

**VACAVILLE NORTH BAY ADULT DAY CENTER** <http://www.northbay.org/> .....707-624-7970  
1020 Nut Tree Rd., Vacaville,  
Social Day Care for Alzheimer’s dementia and memory impaired, M-F 7:00 am-7:00 pm

**FAIRFIELD SENIOR DAY PROGRAM** .....707-428-7421  
1200 Civic Center Drive Fairfield,  
Social day care for frail older individuals. M T-Th 8:00 am-2:30 pm

**BRAIN BOOSTERS**.....707-428-7654  
1200 Civic Center Drive Fairfield,  
A mental stimulation and memory enhancement program specifically designed for people concerned about their memory. Tuesday and Thursday 10:00 am-2:00 pm.

**THE STARS CENTER, VALLEJO ADULT SCHOOL**..... 707-556-8620 ex 2  
2833 Tennessee St, Vallejo,  
Respite Care for Alzheimer’s, dementia and memory impaired Thursdays 8:00 am-3:00 pm

## Mandated Reporting

**Persons who assume full or intermittent responsibility for care of the elderly and dependent adults are legally mandated to report any abuse or suspicion of abuse. Report to Adult Protective Services (APS) Solano Long Term Care Ombudsman or local law enforcement.**

# SENIOR CENTERS / MEALS & CLUBS

## SENIOR CENTERS

<b>BENICIA SENIOR CENTER</b> , 187 East L St., Benicia, CA <a href="http://www.ci.benicia.ca.us">www.ci.benicia.ca.us</a> .....	<b>707-745-1202</b>
<b>DIXON SENIOR CENTER</b> , 201 South 5th. St., Dixon, CA <a href="http://www.ci.dixon.ca.us">www.ci.dixon.ca.us</a> .....	<b>707-678-7022</b>
<b>FAIRFIELD SENIOR CENTER</b> , 1200 Civic Center Dr., Fairfield, CA <a href="http://www.fairfield.ca.gov">www.fairfield.ca.gov</a> .....	<b>707-428-7421</b>
<b>RIO VISTA SENIOR CENTER</b> , 25 Main Street, Rio Vista, CA <a href="http://www.rio-vista-ca.com">www.rio-vista-ca.com</a> .....	<b>707-374-3349</b>
<b>SUISUN CITY SENIOR CENTER</b> , 318 Merganser, Suisun City, CA <a href="http://www.suisun.com">www.suisun.com</a> .....	<b>707-421-7203</b>
<b>FLORENCE DOUGLAS SENIOR CENTER</b> , 333 Amador St., Vallejo CA, <a href="http://www.vallejoseniorcenter.com">www.vallejoseniorcenter.com</a> .....	<b>707-421-7203</b>
<b>MCBRIDE SENIOR CENTER</b> , 91 Town Square Pl., Vacaville CA <a href="http://www.ci.vacaville.ca.us">www.ci.vacaville.ca.us</a> .....	<b>707-469-6660</b>

## MEALS

**MEALS ON WHEELS OF SOLANO COUNTY** [www.mealsonwheelssolano.org/](http://www.mealsonwheelssolano.org/) ..... **707-425-0638 / 707-426-3079**

95 Marina Center, Suisun City, CA 94585

Delivers meals to homebound seniors throughout Solano County and serves congregate lunches at the following locations:

**Benicia Senior Center**, 187 East L St., Benicia

**Dixon Senior Center**, 201 South 5th. St., Dixon

**Fairfield Senior Center**, 1200 Civic Center Drive, Fairfield

**Rio Vista Senior Center**, 25 Main Street, Rio Vista

**Suisun City Senior Center**, 318 Merganser, Suisun City

**McBride Senior Center**, 91 Town Square Pl., Vacaville

**Florence Douglas Senior Center**, 333 Amador St., Vallejo

**Marina Towers**, 601 Sacramento St., Vallejo

Reservations required, suggested donation, M-F 9:00 am-3:00 pm

**SALVATION ARMY** [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

1200 Missouri St., Fairfield, M-Th 9:00 am-12:00 pm & 1:00-4:00 pm..... **707-426-6244**

630-632 Tuolumne St., Vallejo..... **707-643-8621**

Provides food, clothing and assistance with utility bills

**FOOD BANK OF CONTRA COSTA AND SOLANO** [www.foodbankccs.org](http://www.foodbankccs.org) ..... **707-421-9777**

1891 Woolner St Suite I, Fairfield, M-F 8:00 am-4:00 pm

Provides food assistance for low-income persons including the Senior Brown Bag program.

## CLUBS/ORGANIZATIONS

Space does not allow the listing of all organizations in Solano County.

For information on lodges, veterans and military organizations, business and professional clubs, charities, garden and hobby, music and political meetings, check with the local newspaper or chamber of commerce.

**AARP** (American Association of Retired Persons) [www.aarp.org](http://www.aarp.org) ..... **1-888-687-2277**

**FILIPINO COMMUNITY CENTER** ..... **707-644-4716**

**NARFE** (National Association of Retired Federal Employees) [www.narfe.org/](http://www.narfe.org/)

National number..... **1-800-456-8410**

Vallejo Chapter – Service Office..... **707-552-2546**

## VETERANS RESOURCES

**VETERANS ADMINISTRATION REGIONAL OFFICE** [www.va.gov/](http://www.va.gov/) ..... **1-800-827-1000**  
1301 Play Street, Oakland, CA; 12<sup>th</sup> floor. Benefits information and assistance. M-F 8:00 am-4:00 pm.

### COUNSELING & MEDICAL SERVICES

ROHNERT PARK VET CENTER, 6225 State Farm Drive, Suite 101, Rohnert Park 94928 ..... **586-3295**

The Vet Center offers broad readjustment services. They focus on counseling for military traumas, employment, and family problems. The Vet Center also provides referral services for VA benefits and medical assistance and liaisons with community agencies.

VA NORTHERN CALIFORNIA HEALTH CARE SYSTEM, 150 Muir Rd, Martinez 94553 ..... **1-925-372-2000**

[www.northerncalifornia.va.gov](http://www.northerncalifornia.va.gov), Offers mental health and substance abuse treatment, including services for combat-related stress and readjustment issues.

24-Hour Advice Nurse ..... **1-800-382-8387**

#### OUTPATIENT CLINICS

Mare Island Outpatient Clinic, 201 Walnut Ave., Vallejo 94592 ..... **707-562-8200**

Santa Rosa Outpatient Clinic, 3315 Chanate Rd, Santa Rosa 95404 ..... **707-570-3855**

**CA DEPARTMENT OF VETERANS AFFAIRS**, 1277 O St, Sacramento 95814. **1-800-952-5626** or **TDD1-800-324-5966**

[www.cdva.ca.gov](http://www.cdva.ca.gov) Provides advocacy for veterans, benefits, counseling, and other services.

Call to find out about home loans for veterans, as well as for information regarding tax exemptions.

**SOLANO COUNTY VETERANS SERVICES** [www.solanocounty.com](http://www.solanocounty.com) ..... **707-784-6590**

675 Texas St., Suite 4700, Fairfield, M-F 9:00 am-4:00 pm,

Provides information and assistance about obtaining veterans' benefits in your respective county and advocates assist with filing claims for entitlements from the Department of Veterans Affairs, as well as counseling, hospitalization, burial, G.I. and home loans, providing case management even after the DVA renders its decision. Home and institutional visits can be arranged.

**VETERANS HOME OF CALIFORNIA, YOUNTVILLE** ..... **944-4600** or **1-800-404-8387**

<http://www.calvet.ca.gov/VetHomes/Yountville.aspx>; A state home for California residents who are veterans. Hospital and nursing care available. A limited number of private apartments for non-veterans and their veteran spouses.

**U.S. MILITARY VETERAN FAMILY RESOURCE CENTER, INC.** [www.usfamilyvet.com](http://www.usfamilyvet.com) ..... **707-373-9287**

Provides advocacy and assistance to veterans and their families to access benefits

**VA RESPITE PROGRAM** ..... **925-370-4731**

150 Muir Road, Martinez, CA, 94553, Provides respite for up to 14 days twice a year for veterans

## VETERANS RESOURCES

# COUNSELING

- REDWOOD CAREGIVER RESOURCE CENTER (RCRC)** [www.redwoodcrc.org](http://www.redwoodcrc.org) ..... 1-800-834-1636  
141 Stony Circle, Suite 200, Santa Rosa, CA 95402-1556, Provides information and referral, counseling, support groups, and respite care for families and caregivers of brain-impaired adults. . M-F 9:00 am-5:00 pm.
- CATHOLIC SOCIAL SERVICES FAMILY ASSISTANCE PROGRAM** [www.csssolano.org/](http://www.csssolano.org/)..... 707-644-8909  
125 Corporate Place, Vallejo M-Th 9:00 am-5:00 pm, Fri 9:00 am-12:00 pm  
Provides counseling, immigration and sexual assault services
- INDEPENDENT LIVING RESOURCE CENTER** [www.ilrsc.org](http://www.ilrsc.org)..... Phone/TTY 707-435-8174  
470 Chadbourne Road, Ste B, Fairfield, M-F 8:30 am-4: 30 pm ..... Fax: 707-435-8177  
Fairfield, M-F 8:30 am-4: 30 pm  
Provides advocacy and assistance to persons with disabilities.
- SOLANO COUNTY HEALTH AND SOCIAL SERVICES** [www.solanocounty.com](http://www.solanocounty.com) .....707-784-2220  
Alcohol /Drug Outpatient Services, Adult Mental Health,
- AREA AGENCY ON AGING PREVENTION AND EARLY ACCESS FOR SENIORS**.....707-643-1797  
575 Sacramento Street, Vallejo <http://solanoseniors.aaans.org/> Provides information, screening, assessment, referral and connection to services for older adults at risk for mental health challenges. Community education, gatekeeper training, system navigation and provider education are available. To schedule training, call .....707-319-5954
- HEALTH INSURANCE COUNSELING (HICAP)** [www.senioradvocacyservices.org](http://www.senioradvocacyservices.org) ..... 1-800-434-0222  
3262 Airway Drive, Suite C, Santa Rosa, CA 95403, Information and counseling on Medicare, Senior HMOs, Medicare Supplement Plans and Long Term Care Insurance M-F 9:00 am-4:00 pm
- FAITH IN ACTION** [www.faithinactionsolano.org](http://www.faithinactionsolano.org) .....707-469-6675  
Senior peer counseling (no fee), Individual, group counseling to senior 60 and over.

## SOLANO COUNTY HEALTH & SOCIAL SERVICES

275 Beck Ave., Fairfield  
[www.solanocounty.com](http://www.solanocounty.com)

- Adult Protective Services (APS) (24-Hour Hotline)** ..... 1-800-850-0012
- Child Welfare Services/Children’s Protective Services** ..... 1-800-544-8696
- Employment & Eligibility Services** ..... 707-784-8050
- In-Home Supportive Services (IHSS) (Intake)** ..... 707-784-8259
- IHSS Public Authority Provider Registry**..... 707-784-8200
- Mental Health Services** ..... 1-800-547-0495
- Public Health Services**..... 707-784-8600
- Public Guardian**..... 707-784-8920
- Public Administrator**..... 707-784-8920
- Substance Abuse Services** ..... 707-784-2220

# GOVERNMENT

For complete listings of State and Federal Legislature members, see phone directory under Government Offices.

<b>SOLANO COUNTY BOARD OF SUPERVISORS</b> 675 Texas St., Suite 6500, Fairfield 94533 .....	<b>707-784-6100</b>
<a href="http://www.solanocounty.com">www.solanocounty.com</a>	
<b>BENICIA CITY COUNCIL</b> , 200 E. L St Benicia CA 94510 <a href="http://www.ci.benicia.ca.us">www.ci.benicia.ca.us</a> .....	<b>707-745-3411</b>
<b>DIXON CITY COUNCIL</b> , 600 East A Street, Dixon, CA 95620 <a href="http://www.ci.dixon.ca.us">www.ci.dixon.ca.us</a> .....	<b>707-678-7000</b>
<b>FAIRFIELD CITY COUNCIL</b> , 1000 Webster, Fairfield, CA 94533 <a href="http://www.fairfield.ca.gov">www.fairfield.ca.gov</a> .....	<b>707-428-7400</b>
<b>RIO VISTA CITY COUNCIL</b> , One Main Street, Rio Vista, CA 94571 <a href="http://www.rio-vista-ca.com">www.rio-vista-ca.com</a> .....	<b>707-374-6451</b>
<b>SUISUN CITY COUNCIL</b> , 701 Civic Center Blvd., Suisun City, CA 94585 <a href="http://www.suisun.com">www.suisun.com</a> .....	<b>707-421-7300</b>
<b>VACAVILLE CITY COUNCIL</b> , 650 Merchant St Vacaville CA 95688 <a href="http://www.ci.vacaville.ca.us">www.ci.vacaville.ca.us</a> .....	<b>707-449-5109</b>
<b>VALLEJO CITY COUNCIL</b> , 555 Santa Clara St., Vallejo, CA 94590 <a href="http://www.ci.vallejo.ca.us">www.ci.vallejo.ca.us</a> .....	<b>707-648-4527</b>

## SENIOR COMMISSIONS AND ADVISORY GROUPS

<b>AREA AGENCY ON AGING SERVING NAPA AND SOLANO ADVISORY COUNCIL</b> <a href="http://www.aaans.org">www.aaans.org</a> .....	<b>707-644-6612</b>
A grass-roots advisory body to the Area Agency on Aging, meets on the first Thursday of each month at various locations throughout Napa and Solano Counties, at 1:00 pm.	
<b>SENIOR COALITION OF SOLANO COUNTY</b> <a href="http://www.co.solano.ca.us/depts/fvp/ccgs.asp">http://www.co.solano.ca.us/depts/fvp/ccgs.asp</a> .....	<b>707-864-3984</b>
An advisory body to the Solano County Board of Supervisors, meets on the first Friday of each month at the Solano County Administration Center, 675 Texas Street, Fairfield, noon to 2:00 pm.	
<b>FAIRFIELD SENIOR ROUNDTABLE</b> <a href="http://www.fairfield.ca.gov">www.fairfield.ca.gov</a> .....	<b>707-428-7421</b>
Provides an opportunity for city government and community organizations to network and support senior issues. Meetings are held on the second Wednesday of every other month at the Fairfield Senior Center, 1200 Civic Center Dr., Fairfield, at 8:30 am.	
<b>VACAVILLE SENIOR ROUNDTABLE</b> <a href="http://www.ci.vacaville.ca.us">www.ci.vacaville.ca.us</a> .....	<b>707-449-5193</b>
Provides an opportunity for city government and community organizations to network and support senior issues. Meetings are held on the third Thursday of each month at the McBride Senior Center, 91 Town Square Pl., Vacaville at 8:30 am.	
<b>VACAVILLE COMMISSION ON AGING</b> <a href="http://www.ci.vacaville.ca.us">www.ci.vacaville.ca.us</a> .....	<b>707-449-5632</b>
Advises the City Council on issues of concern to senior citizens. The Commission meets on the second Wednesday of each month at City Hall, 650 Merchant St, Vacaville at 1:30 pm.	
<b>VALLEJO SENIOR ROUNDTABLE</b> <a href="http://www.ci.vallejo.ca.us/">http://www.ci.vallejo.ca.us/</a> .....	<b>707-643-1044</b>
Provides an opportunity for city government and community organizations to network and support senior issues. Meetings are held on the second Thursday of each month at the Florence Douglas Senior Center, 333 Amador St., Vallejo at 2:00 pm.	

## GOVERNMENT



# HOUSING

## HOUSING AUTHORITIES

Provide assistance and rental subsidies to qualifying low-income families and individuals.

<b>BENICIA HOUSING AUTHORITY</b> , 28 River Hill Drive.....	<b>707-747-0348</b>
<b>FAIRFIELD HOUSING AUTHORITY</b> , 823 Jefferson Street.....	<b>707-428-7392</b>
<b>SUISUN CITY HOUSING AUTHORITY</b> , 701 Civic Center Blvd.....	<b>707-421-7330</b>
<b>VALLEJO HOUSING AUTHORITY</b> , 200 Georgia St. ....	<b>707-449-5675</b>
<b>VACAVILLE HOUSING AUTHORITY</b> , 40 Eldridge Avenue, Suite 2.....	<b>707-449-5675</b>

Unincorporated areas calls are routed to Vacaville, also handles Dixon and Rio Vista.  
City of Vacaville Office of Housing and Redevelopment services also include low interest loans

## SHELTERS

<b>CHRISTIAN HELP CENTER</b> , <a href="http://www.christianhelpcenter.org">www.christianhelpcenter.org</a> .....	<b>707-553-8192</b>
2166 Sacramento Street, Vallejo	
<b>MISSION SOLANO</b> , 740 Travis Blvd, Fairfield.....	<b>707-422-1011 / 707-384-2410</b>
<b>OPPORTUNITY HOUSE</b> , 712 Catherine Street, Vacaville <a href="http://www.opphouse.org">www.opphouse.org</a> .....	<b>707-447-1988</b>
712 Catherine Street, Vacaville	

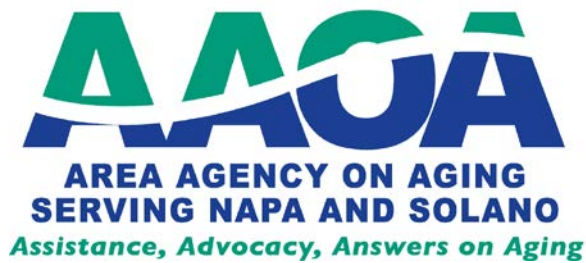
## HOUSING ASSISTANCE

<b>AREA AGENCY ON AGING SENIOR ASSISTANCE</b> <a href="http://www.aaans.org">www.aaans.org</a> .....	<b>707-643-1797</b>
575 Sacramento Street, Vallejo, CA 94590, Provides lists of senior apartments and mobile home parks	
<b>BENICIA -- AFFORDABLE HOUSING AFFILIATION</b> .....	<b>707-746-6197</b>
Develops affordable housing through rehabilitation and new construction	
<b>SOLANO AFFORDABLE HOUSING FOUNDATION</b> <a href="http://www.sahfcorp.org">www.sahfcorp.org</a> .....	<b>707-422-5919</b>
Dedicated to increasing the supply of affordable housing. Fairfield	
<b>VALLEJO NEIGHBORHOOD HOUSING SERVICES (VNHS)</b> .....	<b>707-552-4663</b>
Home Buyer Program Rehabilitation loans, paint grants etc., to home owners & first time buyers	
<b>INDEPENDENT LIVING RESOURCE CENTER</b> <a href="http://www.ilrsc.org">www.ilrsc.org</a> .....	Phone/TTY <b>707-435-8174</b>
470 Chadbourne Road, Ste B, Fairfield, M-F 8:30 am-4: 30 pm ..... Fax: <b>707-435-8177</b>	
Provides advocacy and assistance to persons with disabilities. Services include: Housing Advocacy- Advocates provide information, education, for seniors & persons with disabilities who are having problems locating accessible housing & shared housing.	
<b>CALIFORNIA HOUSING FINANCE AGENCY</b> .....	<b>800-323-8718</b>
Home buyer down payment program	
<b>FAIR HOUSING HOTLINE</b> <a href="http://www.hud.gov/fairhousing">www.hud.gov/fairhousing</a> .....	<b>800-400-2260</b>
Free access to legal advocates who will be able to evaluate claims of fair housing violations and provide legal advice.	
<b>LEGAL SERVICES OF NORTHERN CALIFORNIA SOLANO COUNTY OFFICE</b> <a href="http://www.lsn.net">www.lsn.net</a> .....	<b>707-643-0054</b>
1810 Capitol Street, Vallejo, CA 94590, M T Th F 8:45 -11:45 am 1:00- 3:00 pm, closed Wednesday LSNC provides Tenant Information and Assistance Resources	
<b>OMBUDSMAN SERVICES OF NORTHERN CALIFORNIA, SOLANO OFFICE</b> <a href="http://www.osnc.net">www.osnc.net</a> .....	<b>707-644-4194</b>
1810 Capitol St., Vallejo, M-F 8:300 am – 5:00 pm Services include complaint investigation and advocacy for residents in licensed long-term care facilities, listing of facilities for those seeking placement, witness for residents signing Durable Power of Attorney for health care services	
<b>MOBILE HOME OMBUDSMAN</b> <a href="http://www.hcd.ca.gov/codes/ol/ombpg-menu.html">http://www.hcd.ca.gov/codes/ol/ombpg-menu.html</a> .....	<b>1-800-952-5275</b>
Post Office Box 31, Sacramento, CA 95812-0031 State office that assists the public to resolve problems associated with, manufactures homes and mobile homes by taking complaints and coordinating their solution.	
<b>CALIFORNIA APARTMENT ASSOCIATION</b> <a href="http://www.caanet.org/">http://www.caanet.org/</a> .....	<b>1-800-967-4222</b>
<b>SOLANO/NAPA HABITAT FOR HUMANITY</b> <a href="http://www.solanonapahabitat.org/">http://www.solanonapahabitat.org/</a> .....	<b>707-422-1948</b>
110 Railroad Avenue Suite A-3, Suisun City, CA 94585 M-F 9:00 am-5:00 pm	
<b>REBUILDING TOGETHER SOLANO COUNTY</b> <a href="http://www.rebuildingtogether.org/">http://www.rebuildingtogether.org/</a> .....	<b>707-580-9360</b>
Provides free rehabilitation and critical repairs to the homes of low-income residents.	
<b>CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS</b> <a href="http://www.dca.ca.gov/">http://www.dca.ca.gov/</a> .....	<b>1-800-952-5210</b>
<b>BETTER BUSINESS BUREAU</b> <a href="http://www.bbb.org/">http://www.bbb.org/</a> .....	<b>1-800-952-5210</b>
For Alameda, Contra Costa, San Francisco and all counties in 707 Area Code: 510 16 <sup>th</sup> Street, Oakland, CA 94612	

## PUBLIC LIBRARIES

<b>Benicia Library</b> <a href="http://www.benicialibrary.org">www.benicialibrary.org</a> .....	<b>707-746-4343</b>
150 East L St., Benicia, CA 94510 M-Th 10:00 am - 9:00 pm, F-Sa-Su 12:00-6:00 pm	
<b>Dixon Library</b> <a href="http://www.dixonlibrary.com">www.dixonlibrary.com</a> .....	<b>707-678-5447</b>
230 North First St., Dixon, CA 95620 M-Th 11:00 am - 8:00 pm, F-Sa 11:00 am - 6:00 pm. closed on Sun	
<b>Fairfield Civic Center Library</b> <a href="http://www.solanolibrary.com">www.solanolibrary.com</a> .....	<b>1-866-572-7587</b>
1150 Kentucky St., 94533 M-Th 10:00 am–9:00 pm, .F-Sa 10:00 am–5:00 pm	
<b>Fairfield Cordelia Library</b> <a href="http://www.solanolibrary.com">www.solanolibrary.com</a> .....	<b>1-866-572-7587</b>
5050 Business Center Drive, 94534 M&W 10:00 am - 6:00 pm, T&Th 10:00 am - 9:00 pm, F & Sa 10:00 am -5:00 pm, Su 1:00 pm -- 5:00 pm	
<b>Rio Vista Library,</b> .....	<b>1-866-572-7587</b>
44 South 2nd St., Rio Vista, 94571 M-W 10:00 am – 6:00 pm	
<b>Suisun City Library</b> <a href="http://www.suisun-library.ca.gov">www.suisun-library.ca.gov</a> .....	<b>1-866-572-7587</b>
601 Pintail Drive, Suisun City, CA 94585 T&Th 10:00 am - 9:00 pm, F-Sa 10:00 am - 5:00 pm	
<b>Vacaville Public Library</b> <a href="http://www.solanolibrary.com">www.solanolibrary.com</a> .....	<b>1-866-572-7587</b>
1 Town Square Place, Vacaville, 95688 M-Th 10:00 am–9:00 pm, F-Sa 10:00 am– 5:00 pm, Su 1:00–5:00 pm	
<b>Vacaville Public Library</b> <a href="http://www.solanolibrary.com">www.solanolibrary.com</a> .....	<b>1-866-572-7587</b>
1020 Ulatis Drive, Vacaville, 95687 Su 1:00–5:00pm; M-Th 10:00am–9:00pm; F-Sa 10:00am–5:00pm	
<b>JFK Library</b> <a href="http://www.solanolibrary.com">www.solanolibrary.com</a> .....	<b>1-866-572-7587</b>
505 Santa Clara, Vallejo, CA 94590 M&W 10:00 am-9:00 pm, T&Th 10:00 am-6:00 pm, F&Sa 10:00 am-5:00 pm, Su 1:00-5:00pm	
<b>Springstown Library</b> <a href="http://www.solanolibrary.com">www.solanolibrary.com</a> .....	<b>1-866-572-7587</b>
1003 Oakwood Ave., Vallejo, 94591 M&W 10:00 am-6:00 pm, T&Th 10:00 am-9:00 pm, F&S 10:00 am-5:00 pm	

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## 2012 SOLANO COUNTY SENIOR & CAREGIVER RESOURCE GUIDE

Published by the Area Agency on Aging Serving Napa and Solano

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For Information and Assistance, call:

**1-800-510-2020**

<http://www.aaans.org>