

**February 2025
Lunch Menu**



**Suggested Contribution
\$5.00 per meal**

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| <p>3</p> <p>Beef Taco Meat Pinto Beans Fiesta Vegetable Blend*** Whole Wheat Tortilla Fresh Pear Milk</p> | <p>4</p> <p>Chicken Gumbo Brown Rice Broccoli* Fresh Orange* Sugar Cookie Milk</p> | <p>5</p> <p>Meatloaf w/ Gravy Whipped Potatoes* Tossed Salad Whole Wheat Bread Fresh Apple Chocolate Milk Italian Salad Dressing</p> | <p>6</p> <p>Creamy Paprika Chicken Whole Grain Rotini Pasta Corn & Carrots** Brussels Sprouts* Fresh Pear Milk</p> | <p>7</p> <p>Cheese Omelet w/Bruschetta Tater Tots Spinach** Whole Wheat Bread Fresh Orange* Milk Ketchup</p> |
| <p>10</p> <p>Chicken Chili Whole Kernel Corn Green Beans w/Carrots** Whole Grain Roll Fresh Orange* Milk</p> | <p>11</p> <p>Pork Stir Fry** (Mixed Vegetables in Entrée) Brown Rice Broccoli* Fresh Apple Milk</p> | <p>12</p> <p>Harvest Chicken Salad** Whole Grain Roll Tropical Fruit* Milk Italian Salad Dressing (2)</p> | <p>13</p> <p>Salisbury Steak w/ Gravy Whipped Potatoes* Mixed Vegetable Blend** Whole Grain Dinner Roll Fresh Apple Chocolate Milk</p> | <p>14</p> <p><i>Valentine's Day Meal</i> Spinach Lasagna** Green Peas Cauliflower* Fresh Pear Milk</p> |
| <p>17</p> <p>Beef/Turkey Sloppy Joe Tater Tots Broccoli w/Cartos*** Whole Grain Hamburger Bun Fresh Pear Chocolate Milk</p> | <p>18</p> <p>Chicken Noodle Bake (WG Pasta in Entrée) Garden Vegetable Blend*** Fresh Apple Milk Graham Crackers</p> | <p>19</p> <p>Pork Al Pastor Brown Rice Southwest Corn* Tossed Salad Fresh Pear Milk Ranch Salad Dressing</p> | <p>20</p> <p>Onion Smothered Beef Whipped Potatoes* Green Beans Whole Grain Dinner Roll Fresh Apple Milk</p> | <p>21</p> <p>Lemon Pepper Tilapia WG Macaroni & Cheese Peas & Carrots* Tropical Fruit* Milk</p> |
| <p>24</p> <p>Tuscan Chicken Meatballs Whole Grain Rotini Pasta Tuscany Vegetable Blend*** Fresh Apple Milk</p> | <p>25</p> <p>BBQ Pork Riblet Hawaiian Baked Beans Carrots** Whole Grain Hamburger Bun Fresh Orange* Chocolate Milk</p> | <p>26</p> <p>Chicken Tortilla Soup California Vegetable Blend*** Tossed Salad WG Tortilla Chips Fresh Apple Milk Ranch Salad Dressing</p> | <p>27</p> <p>Turkey Breast w/ Gravy Whipped Sweet Potatoes*** Brussels Sprouts* Whole Grain Dinner Roll Fresh Pear Milk Margarine</p> | <p>28</p> <p>Tofu Fried Rice Edamame Japanese Vegetable Blend* Fresh Apple Milk Fortune Cookie</p> |
| | | | | <p>*Indicates High Vitamin C Source **Indicates High Vitamin A Source ***Indicates High Vitamin A and Vitamin C Source</p> <p> Denotes sodium > 1000mg</p> |